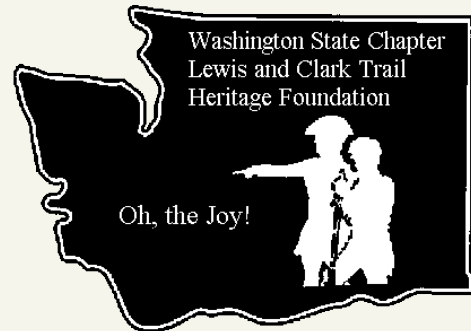


Worthy of Notice



W A S H I N G T O N S T A T E C H A P T E R , L C T H F

PACIFIC NORTHWEST REGIONAL LCTHF MEETING MAY 24, 25, 26 AND 27, 2013

**2013
DUES:
STILL
ONLY
\$15.00!**

Just a reminder to send in your 2013 dues. If your mailing or email address has changed, please fill out the form on page 7 and mail it along with your check. Your membership helps support the activities of the Washington Chapter throughout the year.

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All Lewis and Clark friends are cordially invited to join the Idaho, Oregon and Washington Chapters on Memorial Day weekend along the trail in Nez Perce country. The registration fee for all the events is \$165.00 and registration is limited to 70 people.

On Friday, May 24th, we will gather in Orofino, ID (home of "Canoe Camp") at the Clearwater Crossing RV Park Pavilion for the evening welcome, a program and light refreshments.

On Saturday, May 25th, we will reconvene in Weippe, ID for the annual Camas Festival. Weippe is 25 miles from Orofino and is along the scenic Clearwater River and the Gold Rush Historic Byway. First scheduled event is "Retreat to Weippe," a 3 mile walk or 10K run on the most beautiful course along the L&C trail. Camas Festival events at the Weippe Community Center include speakers, hands-on demonstrations, re-enactors and music; these activities are free, and open to the public. During the afternoon, tours will be made to the "meeting place" of 1805 between the Corps and the Nez Perce just outside of Weippe. Participants will also be able to tour the Weippe Discovery Center

and view the beautiful L&C murals encircling the building. A locally-produced melodrama will cap the Camas Festival activities. Dinner will be served back in Orofino at the Orofino City Park with several area authors in attendance.

Sunday, May 26th, the group will travel 48 miles to Lewiston, ID along the Clearwater River and the "Northwest Passage Scenic Byway - All American Road". At Hells Gate State Park, we will board jet boats for a trip up the Snake River into Hells Canyon. The destination is Cougar Bar where in 1806 Sgt. John Ordway and his small party traveled to purchase salmon from a Nez Perce fishing camp. This will only be the 3rd time an organized tour has been to this little known L&C site. Several local historians and Nez Perce interpreters will be aboard. Lunch will be served. Upon our return to the state park, there will be a wine tasting featuring wine from Colter's Creek Winery of Juliaetta, Idaho, and dinner capped with a L&C program. The group will also be able to tour the Lewis and Clark Discovery Center at the park.

On Memorial Day, there

will a choice of tours in Orofino or Lewiston. Local L&C sites will be the focus of the Orofino tour. In Lewiston, there will be a choice of Garry Bush's guided trolley tour of Lewiston historical sites or a car caravan to public art works in Lewiston that have a L&C or Nez Perce theme.

Register early! The jet boat trip is limited to 70 people. Lewiston is hosting the NAIA World Series beginning Memorial Day weekend so Lewiston motels may fill up early. While there will be some driving involved, the scenery is beautiful and for the most part parallels the L&C trail, so getting there will be part of the enjoyment of the trip. Those folks wanting to take in the Monday tours in Lewiston may want to spend Sunday evening in Lewiston.

Registration is \$165.00 and includes the jet boat tour (including lunch), a Camas Festival pin, refreshments on Friday evening, and Saturday and Sunday dinners. Registration for the fun run/walk/ souvenir T-shirt is \$15. The guided trolley tour on Monday is also an additional \$15 fee. See page 6 for the registration form and for contact information.

PRESIDENT'S MESSAGE

By Robert Heacock

Thank you for the opportunity to serve the Chapter as we prepare for the Foundation's 46th Annual Meeting to be held in Richland, Washington August 3-6, 2014, with the theme 'The Grand Columbia River'. There are several new points of interest in the area since the last Annual Meeting in Pasco in 1983. These are the expanded interpretative center and displays at the Sacajawea State Park and Interpretative Center near Pasco, the Confluence Project Story Circles designed by Maya Lin, also at Sacajawea State Park and Interpretative Center, and the Tamastlikt institute near Pendleton, Oregon. The meeting will be at Columbia Point in Richland, and promises to be a very fine venue for our meeting.

At our Chapter meeting in Tacoma on February 9, Barb Kubik noted that Crestline Elementary School in Vancouver recently was destroyed by fire. Perhaps the Chapter can provide some assistance in the future to the school in their rebuilding. But the reason this loss resonates so is that I often see at various schools in the northwest a reader board that will have a 'word of the month'. That word will convey a special character trait such as 'integrity', 'perseverance' 'honesty' or some other virtue. I have always thought that one word that illustrates the Expedition is 'endurance'. It seems that this will also apply to the students and staff of Crestline Elementary or any other organization that is facing a difficulty.

The endurance shown by the Expedition still is pervasive to us all, as it continues to impress us long after the buildup of the bicentennial. Recently I picked up an airport book, and soon I was reading where the business gurus still feel the Expedition is relevant today, as they include comments about the Expedition in a section entitled 'Undaunted Curiosity'.

We are looking forward to 2013 as a year full of Chapter activities, and other events that are of interest. We continue to have a fine Chapter newsletter in 'Worthy of Notice', but supplement that with periodic email notices of upcoming event. If you are not receiving this notice, please send your email address to heacock1@mindspring.com.

See you on the Trail

Robert Heacock March 2013

CHAPTER 15TH ANNUAL MEETING SUMMARY FEBRUARY 9, 2013

The meeting started at 10:15 AM at the Washington State History Museum boardroom with approximately 25 members present.

A silent auction was conducted by Kathy Giovanni, and concluded at the end of the day.

Barb Kubik provided the introduction.

At 10:30 David Nicandri talked about his research on Captain James Cook, and the literary similarities with the Lewis And Clark Expedition.

Nominations were then held and the results are listed on page 3.

Committees:

Website – Kris Townsend

WON – John Orthmann and Layne Corneliuson

Nominations – Tim Underwood

Kris Townsend is organizing a hike on Memorial Day as part of the Regional LCTHF meeting. For those who are interested and would like more information please contact Kris at...

lewisia.clarkia.nutt@gmail.com

The meeting was concluded at 11:40.

CAMAS: ONE OF THE FIRST CROPS

BY JERRY JONES, WHITMAN COUNTY GAZETTE

Research by Karen Trebitz, a WSU graduate student, evolved into a report about what could be considered one of the area’s first crops, camas. Trebitz presented a public report on her research to a large crowd four weeks ago at the Neill Library in Pullman.

She received her undergraduate degree from East Stroudsburg University in Pennsylvania and is pursuing a degree in environmental studies at WSU. She embarked on her study of camas to meet requirements in two different courses.

Trebitz, who will complete her master’s degree studies this spring, collected information from many sources on how camas was harvested and propagated in the area. She received support from the Nez Perce Tribe and other researchers in assembling her report.

She made the public report on the project under the auspices of the Palouse Prairie Foundation which had assisted her study by providing travel funds to undertake the research.

Among other things, Trebitz believes the white man’s concept of how the Native Americans made camas part of their lives was skewed.

“They just tended to put things in cubbyholes. They didn’t really understand the culture that actually existed,” Trebitz commented.

As an example, she concluded the annual camas gathering was part of an annual food gathering pattern followed by tribes. Often, the camas digs involved family gatherings with different tribes or tribal groups involved. “They followed the food,” Trebitz explained. The annual trail of tribal members began with root digging and then salmon fishing. The next move, normally for the women, was to the camas fields where the digging got underway. Sometimes, tribal members moved on to different camas sites as the fields opened up later in the season.

Trebitz said the camas gathering was also a time for reunion for family members who married into different tribes or tribal groups. Families normally gathered at their specific locations at the camas digs from year to year.

The gatherings were part of an indigenous culture that included festivals, trade and Native American lore.

The first whites in the area failed to comprehend the food value of the camas because most didn’t learn how to process it. A member of the lily family, camas had to undergo a baking process to convert the sugars from inulin to fructose which can be digested by humans and provide high caloric value.

Tribal members used a process of pit roasting to convert the sugars in the bulbs to make them edible.

Trebitz said researchers have discovered the camas conversion process dated back 8,000 years. The chemical



Camas

(Continued on page 4)

CHAPTER OFFICERS & BOARD

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Worthy of Notice Editors: Layne Corneliuson & John Orthmann

CAMAS: ONE OF THE FIRST CROPS (CONT)

(Continued from page 3)

process that resulted from the tribe's pit roasting was not analyzed by whites until the 1960s when Native American studies began to develop.

Camas could offer up to 15 percent protein, calcium, iron, zinc and fat.

For a tribe in the Inland Northwest, camas could provide up to 50 percent of the annual diet. It was processed into a form which could be stored and used through the year.

"They normally made it into a powder and then formed it into cakes which could be transported and kept," Trebitz said.

Camas carried higher value for Inland Northwest tribes because the food value of salmon, another key diet component, was reduced by their migrations upstream to the inland areas.

Nutritive value of salmon, a food gathering process which caught the attention of whites when they observed the tribes catching the fish along the Columbia and other major river systems, declined as the fish followed their annual migration upstream.

The food value of salmon, rated at 100 percent at the mouth of the Columbia, was reduced to 88 percent at The Dalles. By the time the salmon had entered the Snake River and later the Clearwater, the food value of the fish was down to 52 percent.

That factor advanced the importance of the annual gathering of camas by the tribes.

Trebitz said annual harvesting practices by the tribes sustained the camas fields and encouraged growth. Early day photos of the event depicted large bulbs which were baked and processed by the tribes.

The harvesting involved a digging which served to loosen and aerate the soils. The diggers sought the mature keeper bulbs while dividing out smaller bulbs and scattering seeds. They also made a practice of not harvesting bulbs which had produced stalks that would eventually produce seeds.

Trebitz explained camas plants mature over a five-year span with the stalks and flowers appearing at maturity and producing seed to start the five-year process all over again. Up to 400 plants could be produced in a square meter.

One recorded historical note in camas lore was an order for members of the Lewis and Clark Expedition to refrain from eating camas, because they believed all varieties were poisonous.

Trebitz, who planted her own camas site along the west Airport Road at Pullman, noted the camas plants today generally fail to produce bulbs the size depicted in reports from the tribal digs. She believes the bulbs today are small because the plants are not tended in the year-to-year harvest practices of tribal women.

Digging sites were located throughout the Northwest with abundant sites at Moscow, Grangeville, Weippe, Desmet and Big Hole, MT.

Destruction of the camas prairies came following the settlement of whites on the land. Development of livestock and grain crops on the Palouse led to a decline to the type of wetlands which produced the camas bulbs. Eventually, 97 percent of the Palouse wetlands were drained off by tiling and other draining techniques.

Trebitz also noted the treaties and reservation restrictions meant the annual follow-the-food patterns of the tribes ended, and that meant the camas sites did not undergo the annual regeneration process which took place prior to the harvesting.

Also, the settlers' introduction of hog production marked an end for many camas sites. The early day designation of Moscow as Hog Heaven related to the expanse of camas on the flats at Moscow which were rooted out and devoured by the hogs which were later consumed and marketed by the settlers.

CHAPTER NAME BADGES

Members of the Washington Chapter can still order name badges. The badges have the same design as the Chapter logo. The price for one name badge is \$12.50; the price for two or more is \$10.50 each.

To order, make checks payable to **Awards West - PrintWares, Inc.**

Mail checks to: **Tim Underwood, 128 Galaxie Rd, Chehalis, WA 98532.** Print your name the way you want it to appear on your name badge and specify whether you want a pin back or a magnetic back.

Join the Idaho, Oregon and Washington Chapters for the Northwest Regional Meeting



Clearwater Crossing statuary by David Govedare & Keith Powell

Friday, May 24th - Orofino, Idaho

Evening Welcome, Program and Refreshments
Clearwater Crossing RV Park Pavilion

Saturday, May 25th - Weippe, Idaho

2013 Camas Festival: "RENDEZVOUS"

"Retreat to Weippe" 10K Run and 3 mile walk*
Breakfast/Food vendors*

Presentations include:

- William Craig Among the Nez Perce
- Indian Wives of Fur Traders & Mountain Men
- Music of early Idaho

Demonstrations and "hands on" presentations
Bitterroot Corps/Hog Heaven Muzzleloaders (re-enactors)

Tour Weippe Discovery Center (Lewis & Clark murals)

Tour meeting place of Corps of Discovery and Nez Perce

Old Fashioned Melodrama with local players

Dinner and Gathering at Orofino City Park

Sunday, May 26th - Lewiston, Idaho

All day jet boat trip into Hells Canyon
(North America's deepest river gorge) to the isolated site where Sgt. Ordway bought salmon in 1806.

Lunch at Garden Creek Ranch at the borders of Idaho, Oregon and Washington

Wine tasting by Colter's Creek Winery of Juliaetta, ID

Dinner at Hells Gate State Park; John Fisher program

Tour Lewis and Clark Discovery Center (Hellsgate St. Pk.)

Monday, May 27th

(Orofino) - Car caravan to Orofino area Lewis & Clark sites

(Lewiston) - Guided Trolley Tour of Lewiston*

(Lewiston) - Car caravan to Lewis & Clark public art work in Lewiston and Clarkston

**Not part of General Registration Fee; separate fee*



Weippe Camas Festival - small town Americana



Cougar Rapids Bar - site of Nez Perce village, 1806



Garry Bush, tour guide
Inside the trolley

Accomodations

Orofino www.orofino.com

Best Western Lodge at Rivers Edge
208-476-9999
www.bestwestern.com

White Pine Motel
208-476-7093
www.whitepinemotel.com

Helgeson Place Hotel
208-476-5729
www.helgesonhotel.com



Jet boats at Orofino site

Lewiston/Clarkson www.lcvalleychamber.org

Red Lion Inn - Lewiston
208-799-1000
www.redlion.com

Motel 6 - Clarkston
509-758-1631
www.motel6.com

Quality Inn -Clarkston
800-992-2694
www.qualityinnclarkston.com

Camping - Orofino
Clearwater Crossing RV and Camping
208-476-4800
www.clearwatercrossingrvpark.com

Pink House House Hole (BLM campground)
No reservations taken

Lewis, Clark and
Chief Twisted Hair
Lewis-Clark
State College



Count us in!

Name(s) _____

Address _____

City/State/Zip _____

Phone _____ E-mail: _____

_____ General Registration(s) at \$165 each	\$ _____
_____ Fun Run/Walk/long-sleeve T-shirt - Registration @ \$15	\$ _____
_____ Monday Trolley Tour in Lewiston @ \$15 each	\$ _____
Total Registration Fee (checks to Idaho Chapter)	\$ _____

Mail Checks to:
Idaho Chapter, c/o Steve Lee, 2029 Crestview Dr., Clarkston WA 99403

For more information:
Steve Lee, 509-780-2036 or lee99403@gmail.com
or Chuck Raddon, 208-476-3123 or idahoclarkie@gmail.com



Camas bloom

THE ADVENTURES OF LEWIS & CLARK

THE MOVIE THAT NEVER WAS (PART IV)

It's time to reveal more of the cast of our imaginary film, *The Adventures of Lewis & Clark*. This time our focus turns to the non-military members of the expedition.

Yul Brynner as George Drouillard. We believe that the mysterious Brynner would have been perfect to portray the stalwart interpreter, hunter and "woodsman" of the Corps. He was fluent in many languages, and excelled in playing men of action in films like *The Buccaneer* (1958 - with hair!) and *The Magnificent Seven* (1960).



Brynner

Linda Darnell as Sacagawea. A Hollywood star at 16, the stun-

ning Darnell knew what it was like to step into a new world at such a young age. Some of her most acclaimed roles were in *Stardust* (1940), *My Darling Clementine* (1946) and *A Letter to Three Wives* (1949).

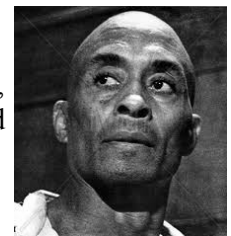
Claude Rains as Toussaint Charbonneau. For anyone who has ever seen *Casablanca*, there can be little doubt that Rains might have stolen the show in the role of the opportunistic Frenchman. [If



Rains

you have never seen *Casablanca*, you should put down this newsletter and watch it right now.] See the legendary actor in *Mr. Smith Goes to Washington* (1939) and *Notorious* (1946).

Woody Strode as York. A favorite of director John Ford and friend of John Wayne (our Capt. Clark), Strode is an obvious choice. In *The Man Who Shot Liberty Valance*, Strode displayed York-like strength as he carried a passed-out John Wayne from a burning house. He can also be seen in *Sergeant Rutledge* (1960) and *Spartacus* (1960).
- J.O.



Strode

NEXT NEWSLETTER: SGT. GASS' SQUAD

MEMBERSHIP APPLICATION / RENEWAL

Name(s) _____

Street _____

City _____

State _____ Zip _____

Phone*(H) _____ (W) _____

E-mail * _____

Chapter Membership

\$15.00 per year (Jan - Dec) for any person, family, firm, association, or corporation.

Please make check payable to:

Washington State Chapter LCTHF, inc

Mail to: Layne Corneliuson

19033 102nd Ave SE

Renton, WA 98055

Dues are kept as low as possible to encourage wide membership. Please consider making supplemental donations to help support the organization.

Please mark if address has changed.

*Optional -will be included with membership roster

Note: If you have recently renewed your membership, thank you. Please disregard this notice.

The above dues are for the Washington State Chapter only. Bylaws recommend that Chapter members be current members of the National Foundation. Annual dues are: Individual: \$49.00 per year, Family: \$65.00 per year. Membership includes the quarterly magazine WE PROCEEDED ON. Submit dues to LCTHF, inc. P.O. box 3434, Great Falls, MT 59403

DATES TO REMEMBER

April 13: Columbia Gorge Sternwheeler cruise from Portland (Caruthers Landing near OMSI) to Cascade Locks with bus back to Portland. Go to <http://www.portlandspirit.com/cruises.php> for more information.

April 18: Columbia Gorge Sternwheeler cruise from Cascade Locks to The Dalles (see link above).

April 20: Cathlapotle Plankhouse opens at Ridgefield National Wildlife Refuge, Ridgefield, WA.

May 12: 2:00 PM – Joan Hockaday talk on L&C wildflower discoveries. Cathlapotle Plankhouse.

May 14: Columbia Gorge Sternwheeler cruise from Cascade Locks to Portland (see link above).

May 15 – July 1: Tall ships ‘Lady Washington’ and ‘Hawaiian Chieftain’ tour Columbia River ports. Go to <http://historicalseaport.org/> for more information.

May 24-27: Regional LCTHF Meeting and Weippe Camas Festival (see pages 1,4 &5).

July 28-31: 45th Annual Meeting of the Lewis and Clark Trail Heritage Foundation, Bismarck, ND

Summer 2014: 46th Annual Meeting of the Lewis and Clark Trail Heritage Foundation, Tri-Cities, Washington. (Much more information to follow).

Visit our Washington Chapter website...www.wa-lcthf.org

**Washington State Chapter
Lewis and Clark Trail Heritage Foundation
19033 102nd Ave SE
Renton, WA 98055**

April 2013 Newsletter



The mission of the LCTHF is to stimulate appreciation of the Lewis and Clark Expedition's contribution to America's heritage and to support education, research, development and preservation of the Lewis and Clark experience.